

Egg and Cheese Casserole (Shannan Rumsey)

1 pound cooked bacon or 1 pound diced ham

18 eggs

1 c. milk

Salt and pepper to taste

Shredded cheese

Line one 9X13 pan with aluminum foil (shiny side up) and then spray with cooking spray before putting the meat in the pan. Place bacon or ham in the bottom of the 9 x 13 pan. Whip together the eggs and milk, and the salt and pepper to taste. Pour egg mixture over bacon or ham. Top with shredded cheese. Bake in 350° oven for 30 - 40 minutes.